

Colorado Threads

Newsletter of the The Colorado Quilting Council, Inc.

August's Meeting 8-25

Hotchkiss Memorial Hall

175 North 1st St, Hotchkiss

Meeting Agenda

9:00	Registration
10:00	40th Anniversary Celebration
10:20	Show & Share from CQC
10:30	Speaker
12:00	Business
12:30	Show & Tell, Door Prizes

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Learn how a humble “box of mystery” sent by a stranger became a 13-month crowd sourcing campaign to rescue vintage linens, forgotten makers and the stories behind mostly abandoned handwork. Amy Meissner discusses the body of work that arose from this project, how she worked with themes arising from the collected narratives, and how she created a traveling solo exhibition.

traveling solo exhibition, *Inheritance: makers. memory. myth.*, is a body of work created from a 13-month crowd sourcing effort called *The Inheritance Project*, a gathering of domestic linens and narratives from over 65 contributors, representing 20 countries and over 20 US states. The *Inheritance Project* honors and explores the work of women—literal, physical and emotional—while utilizing this vintage cloth and its inherent histories, mostly unknown. With undergraduate degrees in textiles and fine art, Amy worked in the garment industry for 12 years, mostly designing and making wedding gowns for elite clientele. She holds an MFA in Creative Writing, has taught writing as an adjunct at the University of Alaska, Anchorage, and is a Senior Affiliate Editor for the literary journal, *Alaska Quarterly Review*. She lives in Anchorage with her family, embracing the far North and its ever-shifting extremes.

The Inheritance Project

Inheritance: makers, memory, myth—held a multi-month community art project in conjunction with the Anchorage Museum. This slide-based talk focuses on “the not knowing” in one’s work, and how the persistence of “showing up” will always, eventually, conjure the muse. Amy is a textile artist living in Alaska. Her award-winning work has shown nationally and internationally and in contemporary art exhibitions, as well as fiber-related exhibitions such as Quilt National (2017), Quilts=Art=Quilts and The Thread Unraveled in Karachi, Pakistan. Her

amymeissner.
com

Quilt-a-Fair Vendors
We still have a few spots available.
Send recommendations to Dawn.

AUGUST
2018

Volume 40
Number 8



Guest Fee \$10. Please turn off cell phones and take your conversations to the hall.
Thank you!



Dear Quilting Friends,

Awesome Celebration...I hope that you were able to attend our 40th Anniversary Birthday Celebration. It was incredible! It was a sea of red and white, new faces and faces from the past, and so much sharing and hugging. A few tears of joy and head shaking that we have made it this long and have accomplished so much in the quilting world. According to our speaker

Ricky Tims, The Colorado Quilting Council is known and well respected within the quilting world. As we began our recognition of our founding mothers, known as the Legacy of our Founding Mothers, we honored Betty McGahhey. She had a vision and sent out invitations to ladies 40 years ago and asked them to join her and others at the Hiwan Homestead in Evergreen. She booked the location and provided refreshments. 26 ladies attended that Saturday in 1978 and 40 years later we had 168 members and 98 guests who gathered in Parker to share our love of quilting. We especially enjoyed the quilts, music and generous humor of Ricky Tims. Katie Melich won the quilt that was given by Betty and Darrell McGahhey. Katie was so pleased. Everything that CQC is today definitely is Betty's dream come true.

We showcased the anniversary quilts from our 10th, 20th, 25th and 30th anniversaries, as well as the quilt made from the first birthday block contest. We also accepted a signature quilt given to the CQC collection by Opal Frey and her family. The quilt is so wonderful because it lists names from many of the early members of CQC. It will be cherished by future quilters and members. We also revealed the newest CQC signature quilt designed and completed by Sally Saulmon in red and white, to commemorate the 40th Anniversary. It includes the names of the founding members, charter members and past presidents. It will be quilted soon and added to the collection.

Ricky Tims provided wonderful information on the important elements of quilting including; line, shape, color, and shared how music contains the same components. He shared stories of quilts and quilters and also of his recent experience with the fire in Southern Colorado. Thankfully, Ricky, Justin, the dogs, the quilts and artwork, as well as the newly built home Autumn Rock survived the fire. All I can say is that this was the Best Birthday Ever!!!

It was everything the committee had hoped it would be and more. I can't thank everyone who worked on this day enough for all their parts coming together. Thanks to Jackie Anderson for her plans to make this such a memorable day

The Colorado Quilting Council, Inc. is a statewide organization of people interested in preserving the heritage of quilting, promoting excellence in quilting and related arts, and in providing a source of information and inspiration.

Membership dues for 2017 are \$25 and expire at the end of the year. Dues after August 1st are \$12.50. International membership is \$30 per year. Pin replacement is \$25. Guest fees are \$10.

Colorado Threads, the official publication of CQC, is mailed 11 times a year. The Council reserves the right to select articles and advertising that reflect the purposes of the Council. Articles, photos, changes and newsletter reprint requests should be sent to our editor. Everything needs to be on the editor's desk by the 15th of the previous month. Mitzi King, 303.816.9566, 23471 Black Bear Trail, Conifer, CO 80433, email cqceditor@yahoo.com

Advertising in the newsletter is available only to members of CQC. The Business Directory \$35/yearly; one-eighth page ad \$15 (horizontal); one-quarter page ad \$25 (vertical); one-half page ad \$40 (horizontal).

All advertising text must be on the editor's desk by the 15th of the month for inclusion in the following month's newsletter. Send fees to: **Connie Mondy**, CQC, P.O. Box 295, Wheat Ridge, CO 80034.

Send address changes to the Membership Chairman:

The Colorado Quilting Council, Inc.
P.O. Box 295, Wheat Ridge, CO 80034

Web coloradoquiltcouncil.com

and year. Thanks to all the committee chairs who made sure that their portion of the meeting was ready to go and of the highest quality. Thank you to Lucille Rypinski and the Hall of Fame members for the wonderful coasters. Thanks to Karen Brown and Lucille Rypinski for the lunch plans and delicious food. Thanks to Mae Lewis for the fun bibs provided for the luncheon; Pat Syta and the Ave Maria Quilters for the beautiful refreshments which allowed people time to talk and reconnect. Thanks to everyone who captured great pictures so that we don't forget this day, Lori Emge, Susan Rush, Nancy Samuel and Ray Hoppes. Thanks to Mary Rush and Barbara Jones for setting up the quilts and everyone else who lent a hand or ran an errand. It was all possible due to the fabulous volunteers in CQC.

There are still more surprises and celebrations to come in the next few months, so please plan to attend a meeting, bring a friend and celebrate quilting with CQC.

Truly Blessed, Dawn

CQC
Membership
 563 Members
 168 JULY Meeting
 98 Guests

2018 Meetings and Speakers

MONTH	LOCATION	SPEAKER	WEB
AUG 25	Hotchkiss Memorial Hall 175 North 1st St, Hotchkiss 970-872-3253	Amy Meissner	amymeissner.com
SEP 21—22	Quilt-a-Fair Boulder County Fair Grounds, 9595 Nelson Rd, Longmont		
OCT 27	Community Recreation Center, 6842 Wadsworth Blvd, Arvada 303-425-9583	Tracey Brookshier	traceybrookshier.com
DEC 1	Aurora Public Schools PLCC 15771 E 1st Ave, Aurora 303-344-8060	Victoria Findlay Wolfe	vfwquilts.com

Become a CQC Board Member!

If you'd like to serve on the CQC Board in any capacity, please contact Dawn and let her know you're interested. We could use your talents and energy! Thank you for your consideration.

We especially need a Programs Chair for 2020! This person gets to choose our speakers and programs.

Call or email:

Dawn Mills

303-929-8543
cqcpresident@gmail.com

We need your help!

Can you transport our August speaker, Amy? Ellen is looking for someone to pick Amy up at the airport around 9:00 am Friday morning and take her to her hotel near Hotchkiss. Please let Ellen know if you can help. Thanks. enepustil@yahoo.com

THANK YOU TO ALL OF OUR AMAZING VOLUNTEERS

Kindly pick up your stars from 2017 and 2016. And think of picking them up for a friend.

Anderson, Rebecca (Littleton)
Beck, Dannie (Longmont)
Bender, Rhonda (Westminster)
Comeau, Susan (Northglenn)
Fairley, Mary Jane (Woodland Park)
Fenner, Marion (Grand Junction)
Ferdinand, Sherrie M. (Littleton)
Gilliam, Mollie (Durango)
Guilford, Vivian (Denver)
Halpern, Susan (Centennial)
Hettinger, Beverly (Alamosa)
Holst, Linda (Wheatland, WY)
Honice, Kathleen (Aurora)
Joines, Lynette (Canon City)
Keeler, Jeanne (Evergreen)
Koentge, Terry (Evergreen)
Lundquist, Heather (Durango)
Olivier, Dona (Brighton)
Pfaltzgaff, Kathy (Haxton)
Ray, Maryann (Centennial)
Sartor, Margie (Canon City)
Welch, Cindy (Greeley)
Wesley, Lenabelle (Boulder)
Wilson, Kris (Glenwood Spgs.)

QAF Quilt Show

The application deadline for Quilt-a-Fair has past, but we are still accepting entries. Size requirement: nothing shorter than 60" or longer than 120". (Permission for different sizes can be approved by Dawn Mills.) The applications are due asap. Please mail to: Laural Hoppes, QAF 2018 Anniversary Show, 232 Olympia Ave., Longmont, CO 80504. Applications are available online, in the newsletter and at General Meetings. Also, when you send in the application, please mail in the full page. (You can make a copy for your records.) I need the full page for your indication of the location of drop off and pick up of quilts. Thank you for entering. *This is going to be a beautiful show!*

Laural Hoppes

WORKSHOPS

Sunday 9:00a-3:30p
August 26

One Day Workshop with
Amy Meissner
The Ghost in the Cloth



Hotchkiss Senior Center
276 E Main St, Hotchkiss

Members \$55

Working with a selection of vintage linens and found objects, participants are introduced to various handwork techniques from the couture garment industry, which can later be applied to the wearable art or art quilt forms. Using listing and free writing techniques, the artist will first work with students to develop conceptual ideas in their sketchbooks before learning various methods of working with text, vintage cloth and found objects. Students will complete a 12" x 12" unique sampler.

Amy will provide a selection of embroidered vintage linens from The Inheritance Project and a selection of found objects to choose from; however, participants are encouraged to bring linens and objects that are meaningful to them.

Sunday 9:00a-4:00p
October 28

One Day Workshop with
Tracey Brookshier
Party Bags



Golden Quilt Company
1108 Washington Ave, Golden

Members \$55

Looking forward to a special occasion? Make a Party Bags wall quilt to fill with goodies and gifts for a new baby, a birthday celebrant or a bride! Six-inch square shopping bag pockets are the perfect size for small gifts, envelopes, stuffed toys or candy.

Amy Meissner
The Ghost in the Cloth

Tracey Brookshier
Party Bags

Mini/Small Quilt Auction Returns to Quilt-a-Fair

We will bring back a popular event on Saturday of Quilt-a-Fair. Make a mini/small quilt (maximum size of 120" total perimeter) any pattern or color combination. The quilts will be on display all day Friday and Saturday morning. We will then have the auction, led by a professional auctioneer. Be there to raise your bid card and battle it out for the quilt you love the most. The maker gets 70% of the selling price and CQC gets 30%. This will be so much fun! Start making that small quilt and watch for more details. Only 5 quilts will be accepted per person.



Ricky Tims has been a member of CQC since approximately 2002, and he has maintained that membership continually since that time. He is an award-winning quilter, teacher, author, and musician (pianist, composer, arranger, producer and singer), a true Renaissance Man.

Ricky began his quilting career in 1991 and is primarily self-taught. He has been a driving force in the quilt world with his enthusiasm, commitment to teaching and lecturing. He believes that everyone can do what he does and proves it time and again. His thinking outside the box includes the early Bernina-sponsored Quilt Seminars and current Luminariums. Quilters from all over the globe come to the Luminariums not to sew, but to learn Ricky's tidbits and techniques. His yearly retreats in LaVeta are eagerly anticipated by lucky quilters that spend a week with him.

Together with Alex Anderson, Ricky started **The Quilt Show** which is available online. TQS has served as an open quilting classroom for featured teachers to share quilting techniques with quilters around the world. The show is not only educational and innovative, but entertaining and fun. In 2010, he and Alex started the quilt lifestyle magazine, *The Quilt Life*, published by AQS. Although short lived, it provided further proof of Ricky's far-reaching goals to teach and inform.

With honesty and integrity, sincerity and a sense of fun, Ricky has made quilting his personal mission that has been met with great enthusiasm by the quilting community. Ricky challenges quilters to do the impossible, think "what if" and then "why not", and most of all, have a good time!

You don't have to be an "art quilter" or only love "contemporary quilting" to be a fan of Ricky. All you need is eyes and ears to see and hear him and get caught up in his enthusiasm, his determination and his drive to make all quilters better quilters.

It is with the greatest pleasure that we award **Ricky Tims** with the 2018 CQC Outreach Award.

NAME
PHONE
EMAIL
ADDRESS
CITY, STATE, ZIP

Make checks payable to **CQC**. Please send this form and your check to:

Ellen Nepustil
606 3rd Ave West, Apt 430
Bradenton FL 34205

Email questions to Ellen at enepustil@yahoo.com (indicate CQC in the subject line). **Our Refund Policy:** if written notification of cancellation is received 30 days in advance, a full refund minus \$3 handling fee will be returned to you. If less than 30 days in advance, a refund (minus a \$3 handling fee) will only be given if the class space has been filled from the waiting list. If the workshop is cancelled by CQC, you will be notified ASAP and a full refund will be given.

July's Meeting Show & Tell Quilts

Ricky Tim's was inspirational and quite entertaining. It was a wonderful 40th anniversary/birthday meeting.



Ricky's self portrait



Katie Melich wins the Betty McGahhey red/white pinwheel quilt



Janet Lyles
Butterfly Flight



Amy Peterson
Malachite Jewel Box



Jackie Vujcich
Colorful Columbines



Kathy Gaul
Redware & Pears

Mae Lewis and her three generations of quilting family

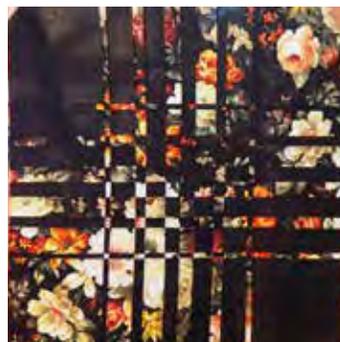


Jane Harvey, A Bee's Life



Amy Petersen, Oroboros

A quilt show was presented to honor Ricky's patterns and influence through the years.



Quilt-a-Fair

Sept 21-22

9:00–5:00
Boulder County Fairgrounds
9595 Nelson Road, Longmont

Quilt-A-Fair Volunteers Needed

It is never too early to plan your volunteer time.

Quilt-A-Fair planning is in the works and September will be here before we all know it.

I need individuals to help with:

- Admissions desk
- The raffle quilt table
- White glove the mini quilt auction
- Silent auction
- Work in the kitchen selling water, etc.

Each shift is 2 hours and admission to the fair is free if you are a member of CQC and volunteering for a CQC job (raffle guild volunteers are not eligible for free admission).

Dates—Friday, September 21st and Saturday, September 22nd.

Times—9:00am to 11:00am; 11:00am to 1:00pm; 1:00pm to 3:00pm; 3:00pm to 5:00pm both days.

All volunteers will be eligible for a drawing to win a 2019 membership and a 2019 workshop and other goodies.

Contact: Karen Brown, cqcsecretary2016@gmail.com

Documentation Dates 2018

Our quilt documentations help to preserve the heritage of quilting in the state of Colorado. We can also provide sources of information and inspiration.

If you'd like CQC to perform a documentation in the coming year, please contact

Eastern Region:

Sandy Wheeler

angelthings@gmail.com

303-902-4324

August 18

Bailey, CO

September 5

Ft Lupton, CO

September 18

Brush, CO

Western Region:

Heather Lundquist

hglund@gobrainstorm.net

970-759-4736

Abridged Board Minutes

July 10, 2018

There were 13 board members present.

Dawn called the meeting to order at 6:00pm.

We discussed honoring the CQC Legacy Founding Mothers at our meeting, meeting locations for 2019, QAF, 40th anniversary celebrations, Fall Retreat required form changes, future quilt show sites and committee report were given.

Meeting was adjourned at 8:00pm.

Next Meeting

The next meeting is scheduled for Tuesday, August 14th at 6:30p, Clements Community Center, 1580 Yarrow St, Lakewood.

Respectfully submitted,

Karen Brown, CQC Secretary

Denver Library Show

A huge thank you to all those who exhibited their quilts at the 2018 Denver Library Show. Thank you also to Mitzi King and Ellen Palmer for their help with receiving and retrieving the quilts.

The Colorado Quilting Council Award of Excellence is given to a quilt which represents the best example of work currently being made and shown in quilt shows nationwide.

The winners of the Colorado Quilting Council Award of Excellence for the 2018 Denver Library Show are the mother son team of Jeanelle and John Alden for their quilt “Buffalo Bill's Wild West”.

The quilt chosen by the Denver Library staff to be added to the Denver Library permanent collection is “Westward Expansion” by Sandy Fruehling. Sandy also received a \$1,000 honorarium for her work.

Both quilts are original compositions by the makers and required technical workmanship expertise as well as extensive research into the history of Colorado.

Congratulations to Jeanelle, John and Sandy for their creative quilts!



40th Anniversary Reflections

Raffle Quilts

Raffle Quilts have been a long standing fundraiser for The Colorado Quilting Council. The first quilt raffled was at Quilt-a-Fair in Stoneham in 1980 where we sold 30 tickets and Shirley Sanden won. She always said that was her best odds of winning a quilt. She cherished that quilt for many years.

Our next raffled quilt was in 1982 for the first Symposium (Quilt Colorado). It was made by Opal Frey, Marge Kerr, Connie Mondy, Sharyl Willis, Ann Rollins, Judi Acre, Shirley Sanden and Dawn Sanden who were the Happy Hoopers Quilt Club from Arvada. It was won by Jo Flemming of Evergreen. It was a blue and white Delectable Mountain quilt, hand pieced and hand quilted.

Since that time, we have had a raffle quilt each year and in many of those years we did two quilts one for general fundraising and one for Quilt Colorado. Thanks to the foresight of Kathy Emmel, we have documentation including pictures of all the quilts, who made them, who won them, how much was spent to make the quilt and how much was raised. This is an amazing archive of this important part of CQC history.

We encourage our members to sell or purchase the tickets sent to them—it is an additional way to support the organization, by buying the tickets for \$15.00 each year and with a \$25.00 membership it costs \$40.00 a year to be provided with a top name teacher/speaker each month, get a copy of the newsletter, and have the opportunity to meet fellow quilters, network, share ideas, get inspired and share a love of quilting with like-minded people. This year's quilt is red and white in celebration of our 40 years of quilting in Colorado. Take the opportunity to stop by the raffle table and buy an extra ticket this month to support CQC. The raffle books will be on the anniversary table so stop by and see all of the wonderful quilts we have made.

New Hall of Fame Members



There are volunteers, and then there are the super volunteers! This Hall of Fame nominee is a long standing member of CQC and there is little that she has NOT done over the years: retreat chairman, volunteer recognition chairman, member of pretty much every committee we have,

volunteer to any committee or job that needs help, CQC recruiter, ABC Quilts quilter and supporter. The list is long.

She is organized, friendly, tireless, generous, dedicated to quilting and to the growth and support of CQC. She is a charity quilt-maker extraordinaire, and one of the best examples we have of what a member should be and can be. If asked, she would probably recruit everyone to be a quilter and CQC member.

If you were to ask the CQC membership to name the most active member we have, that person would be our newest Hall of Fame inductee. Would you all please welcome Daisy Sedalnick?



This Hall of Fame nominee is everyone's best friend. She comes to CQC with a smile on her face, a kind word for all, and a sense of humor that makes life much sunnier and brighter.

She has taught quilting in shops and to groups of friends and neighbors, as well as at the community college level. Her motto is to "wrap others with her love" and her quilts and her generosity of sharing her love of quilting help to make up the very generous, warm woman we all know.

She is active in her local guild and works tirelessly to help those in need all over the world in many diverse organizations. The list is long and the appreciation of those who have benefited from her participation and dedication is enormous.

She has worn many CQC hats as a very active participant and chairperson on many committees. Presently, she co-chairs the perfect place for her unselfish and giving heart: Project Warm Hearts. Please give a very warm welcome to Nancy Samuel.

CQC is a group of dedicated members and volunteers. Over the years, many members volunteer as committee persons, chairpersons, officers, and appointed positions by the Board. Some of these members serve in many areas of need and others find a special niche in one area that seems to be the perfect spot.



This nominated Hall of Fame member has dedicated her Board position to ten years of service in an area that is the perfect fit. She has gone above and beyond the duties called for in her position time and time again, making her job one of love

of quilting and dedication to CQC members and their needs, and her very personal, special and meaningful honor bestowed to those members who have passed away.

If you do not know her or have not experienced her special gift to CQC, please welcome her as a new Hall of Fame member and congratulate Judy Forkner today.

This Hall of Fame nominee is no stranger to quilts, quilters, quilt guilds, quilt shows or quilt judging! Over the years, she has dedicated herself to the quilt world in teaching, judging, lecturing and making sure that her vast knowledge is not only taught and understood, but passed along to her students and fellow quilters.

Judging quilts anywhere requires a knowledge few possess except for those who make it their passion. This member has the fire and the passion for her chosen field but is also gracious and giving of her time and knowledge to anyone who wishes to learn and understand the wonderful world of quilts and how they are made and judged. Please give a warm welcome to new Hall of Fame member Candy Droz.

CQC offers many benefits to its members and over the years, members have enjoyed making the most of these benefits. It may be a class offered with a well known national teacher. It might be trying a mystery quilt to see where it leads you. It could also be making a charity quilt for a group you feel passionate about. It could be the chance to make a quilt to enter into a show...or the wonderful experience of Quilt-a-Fair each Fall where members can see quilts, experience a fabulous merchant mall of many of the delights of quilting, or experience the quilts and items of years gone by.

Members can also enjoy special times in our Spring and Fall retreats. Over the years, these retreats have been in many places, with hundreds of teachers (and some without teachers at all), lots of good food and great fellowship.

This new Hall of Fame member has made significant improvements and put her own personal stamp on her handling and execution of Fall Retreat that has passed down to the present day, has been the designer of our very successful mystery quilt, and volunteers whenever called upon in many other areas. Please welcome Carol Cook as a new Hall of Fame member.



Project Warm Hearts

Purpose

- ◆ To involve members of CQC in a charitable project.
- ◆ To assist organizations in their fundraising activities.
- ◆ To give quilters the opportunity to do more for others and help a charity of their choice.

Instructions

- ◆ Make a block following the directions given.
- ◆ Fill out the form with your charity of choice.
- ◆ Include a completed form with each block you turn in.

For each block turned in, the named charity will be entered in a drawing to choose which of the nominated charities the quilt will be awarded to. (For example—if you turn in five blocks for the Red Cross, the Red Cross will be in the drawing five times.)

- ◆ Turn blocks in at the CQC meetings or mail to Nancy, listed below.

Drawing

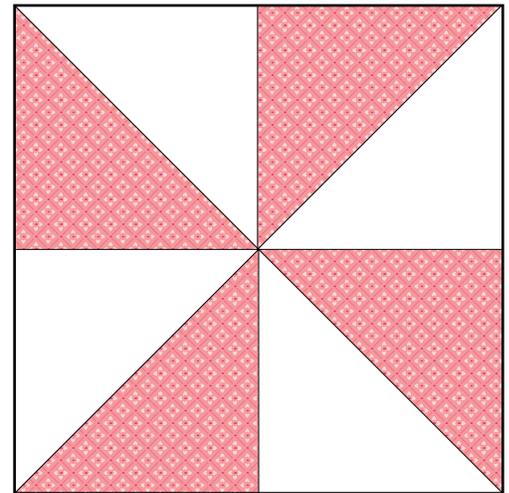
The quilts will be presented at CQC general meetings. Questions? call Nancy Samuel 303-730-8634 or JaNelle Erickson 303-979-2213.

Be sure to keep track of your volunteer hours and turn them in to the Volunteering Stars Committee or log them online at OurVolts website.

Project Warm Hearts 1 entry per block

NAME	
PHONE	CELL PHONE
EMAIL	
ADDRESS	
CITY, STATE, ZIP	
CHARITY	CHARITY CONTACT

Mail completed square and entry form to
Nancy Samuel, 11536 West Cooper Place, Littleton, CO 80127.



Pinwheel Block

To celebrate 40 years of friendship with CQC, we have chosen the Pinwheel Block as our second Warm Hearts quilt block. To continue the Ruby Jubilee theme, we have chosen red and white (use of scraps is fine). Thank you so much for your participation.

Block Directions

This is a 8½" square block. It is made from whites and reds that you choose. We will make half-square triangles.

- Cut two white squares 5" and two red 5"
- From one white square draw a diagonal line from one corner to the other corner. Draw a line ¼" on each side of the center line.
- Place the white square atop the red square. Stitch along marked sewing lines.
- Cut between rows of stitching to make two triangle squares. Repeat these directions for the other white square. Now you have four triangle squares.
- Press seam allowances toward the darker fabric.
- Follow the photo to layout your triangles and sew together.
- Block should measure 8½" square
- Fill out your form with your name and charity of choice for the drawing.

General Meeting Minutes

July 28, 2018

Joy Lutheran Church, Parker, CO

President, Dawn Mills called the meeting to order at 10:00a. She thanked the Joy Lutheran Church for their help and allowing us to use their space for our meeting. Dawn thanked Pay Syta and the Ava Maria Mission Quilters for providing refreshments and Lucille Rypinski for the coasters.

The minutes from the Pueblo General Meeting were approved as published in the newsletter.

Karen Brown read the Abridged Minutes from the July 10th Board Meeting.

Officer Reports

President, Dawn Mills—July is Betty McGahhey month. We will be honoring one of our Founding Mothers at meetings throughout the year. Be sure to like us on Facebook. We need individuals to step forward to volunteer for Hospitality Chair, Photographer, and Program Chair for 2020, please talk to Dawn. Opal Frey's family donated a quilt to the CQC collection. Madelyn Gibbs passed away. Make a red/white quilt for the QAF quilt show.

Membership, Pat Cleaveland—163 members in attendance, 98 guests, 8 new members this meeting, one renewal, for a total membership of 563 to date.

Programs—please see the newsletter for the schedule of upcoming teachers.

Treasurer, Mary Rush – see the newsletter for details.

QAF Small Quilts, Betty Andrews. 1) Please add your address to your registration form so you can be paid for your share of the auction proceeds! 2) Three quilts submitted, 9 quilts coming. 3) If you are planning on submitting a quilt, I have forms available here for you to attach with your quilt.

Fall retreat, Betty Andrews. 1) I have 19 registrations, some have roommates listed that have not registered yet, those not registered are highlighted. 2) The pattern for the community block is completed and a sample quilt is pieced (quilting not completed). 3) Registration forms are available at the retreat table—5 spaces left.

Project Warm Hearts, Nancy Samuels and JaNelle Erickson. Correction for the block: the pinwheel block should measure 8½" × 8½" unfinished. We have distributed 80 quilts so far. We want to reach 100 by the end of this year. Please turn in blocks.

Documentation, Sandra Wheeler. We have a documentation in Bailey on August 18, one in Ft Lupton on September 5th and Ft. Morgan/Brush on September 15.

Documentation Western Slope, Heather Lundquist—we have a Pagosa Springs' documentation coming up.

Outreach, Cathi Gerlach—Ricky Tims was awarded the Outreach Award. He was very surprised. See the newsletter for details

Hall of Fame, Joyce Taff. Today is the 30th birthday of Hall of Fame. 1) The first HOF Chairperson was Doris Seeley. 2) There have been 14 people who have been the chairpersons in the 30 years of Hall of Fame. 3) The first HOF award was given in 1988 to Auriel Sandstead. 4) 88 awards have been given through December 2017. 5) No awards were given in 2004 and 2014. 6) The most given in one year was 10 in 1991. 7) Only one award was given 7 times. 8) Two awards have been given to men in 2002 and 2012. See the newsletter for details of who received the awards.

Library Show, Pam Walsh. Winners of the CQC Award of Excellence are Jean and John Alden. The winner of the \$1,000 and becoming part the Library's permanent collection was Sandy Fruehling.

2018 Raffle Quilt, Kay Hefner. Please purchase tickets and turn in the tickets assigned to you (with payment). Jan Rold made the quilt.

Shirley Sanden Memorial Fund, Sue Keck. Winner of the Betty McGahhey red/white pinwheel quilt was Katie Melich.

ABC Quilter, Lois Knight. Today they showed some of the quilts from the jelly rolls race at Spring Retreat. The members of the ABC Quilts, North Group wanted to thank CQC for the recent Gifts & Grants allowance to help buy batting. To date ABC Quilts has given away about 30,000 quilts and is about to celebrate its 25th anniversary.

Mitzi King thanked CQC for their generous grant to The Rocky Mountain Quilt Museum Youth, Quilt Camp. As a thank you, 12 girls who attended made more than 40 Warm Hearts blocks.

Announcements

Glenda Brown, Border Wall Quilt Project. We are building a wall that brings people together, to talk about building a wall that keeps people apart. Create and donate up to 3 mini quilts, 8"×16" expressing your ideas, concerns and opinions about the proposed border wall between the U.S. and Mexico. For details go to **BorderWallQuiltEntry.com** or **BorderWallQuiltProject.com**

Mitzi King, The Rocky Mountain Quilt Museum. Our annual Quilter's Treasures Garage Sale is set for August 18th, 9:00a to 1:00p. Plan to join us for great deals. We are still accepting donations. Also, check our website for details regarding classes and special events. **www.rmqm.org**

Meeting Adjourned at 1:30p.

Respectfully Submitted,
Karen Brown, Secretary

Fall Retreat

October 5–7, 2018

We are excited to have Wendy Mathson as our speaker and workshop teacher for our October Fall Retreat at The Hideaway resort in Black Forest, Colorado. Wendy will be teaching a colorful, modern technique of her version of the quilt pattern Storm at Sea. Her work is colorful, merging traditional design with a new look.

We will be continuing our tradition of making Community Quilt blocks, so save your scraps. The pattern will be available at the CQC meeting and on the website. Remember to fill out the block donation form.

Storm at Sea

Storm at Sea: From Traditional to Contemporary, an Ocean of Design Possibilities

Design explorations using the traditional "Storm at Sea" block, based on my book, "A New Light on Storm at Sea Quilts". Why do those straight seams give the feeling of curves? How can a century-year-old block pattern work with current fabrics and color combinations for a fresh new look? You'll be amazed at how this versatile block can produce such a wide variety of unique quilt designs.

Storm at Sea/ TRIMplate piecing a 6 hour workshop

My TRIMplate rulers are not templates. They are unique tools that allow you to trim after you sew for greater accuracy. All fabric pieces start as squares or rectangles, so they are easily and

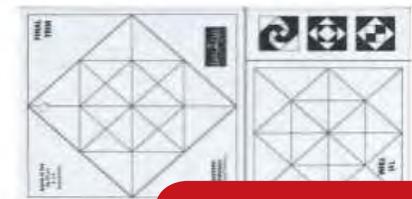
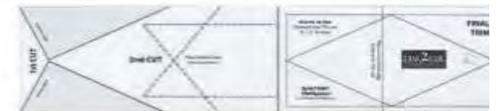
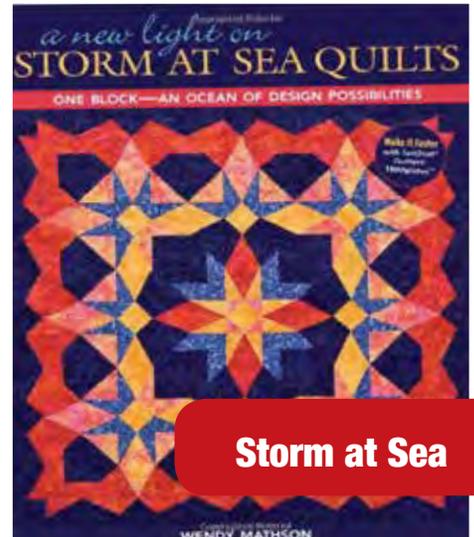
quickly cut from strips. This method uses no templates, no paper or foundation piecing, and there is no bias on the outer edge of the blocks. Students choose one of 3 variations to make. All patterns are supplied—students are not required to purchase TRIMplate tools, books or kits.

Skill levels from confident beginner (can rotary cut with confidence and sew a quarter-inch seam) to advanced.

Fall Retreat will be held at **The Hideaway in Black Forest**, Colorado conveniently located between Colorado Springs and Denver. It has great amenities from comfortable rooms, quiet decks and lawns, well-lit classrooms, mountain views, and wonderful food.

The retreat starts Friday evening with dinner and a lecture and continues Saturday with Wendy's workshop or BYO sewing projects. We will end our retreat after lunch on Sunday. Please join us in this quiet venue for an inspiring workshop.

Contact Betty Andrews at Andrews-betty@aramark.com or 770-662-4564.



Trimplates

2 Workshops	\$350
1 Workshop	\$330
Retreat Only	\$300

Please join us for a weekend filled with fun, friendship and quilting!



Fall Retreat 2018 Registration Form

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Cell: _____
Email: _____

Room Accommodations:

___ First Floor Only; Physical Limitations: _____

Persons per Room: ___ Two ___ Three ___ Four

Roommate(s) Requested:

All rooms are non-smoking. Smoking is permitted in designated areas. If you have physical limitations, please indicate above. All the rooms on the first floor and facilities are wheelchair accessible. Additional fee for single room may be reduced if needed for medical reasons; please attach an explanation.

Retreat Options:

Select whether you'll be taking the class or just enjoying the retreat:

___ Storm at Sea/TRIMplate piecing
6 hour workshop
Patterns and tools not required to purchase but will be available.

___ I Will Retreat Only

Dietary Considerations:

___ Gluten Free ___ Dairy Free ___ Vegetarian

___ Other, please identify _____

Please attach a specific list of your dietary needs so that we may accommodate them as best as we can. We must be notified prior to Fall Retreat so the kitchen staff can plan accordingly. Late requests cannot be accommodated.

Costs (includes 2 nights lodging and meals). Friday dinner through Sunday lunch.

___ Retreat and Workshop = \$330

___ Retreat Only; cost = \$300 Method of Payment:

___ Check ___ Visa

(Make Checks Payable to CQC) ___ Master Card

Credit Card Number: _____

Expiration Date: _____

Signature: _____

Mail Form (with check) to:

Betty Andrews

13655 West 74th Drive

Arvada, CO 80005

Email questions to Karen at *Andrews-betty@aramark.com* (indicate CQC in the subject line). **Our Refund Policy:** if written notification of cancellation is received by September 2, a full refund minus \$3 handling fee, will be returned to you.

Registration and payment must not be postmarked before July 20, 2018 and received no later than August 31.

We are saddened to hear of the passing of **Opal Frey**. She will be remembered for her welcoming attitude at all of the CQC meetings. Many remember that she was the first person they met at CQC.

Opal was instrumental in developing the council and traveled all over the state promoting it in the early 80s. She joined the council in 1979 as a Charter Member and continued volunteering in many capacities throughout the years up to 2017. In 1981 she became a board member as Hospitality Chair. She was Newsletter Editor from 1984 to 1993.

It was very important to her that all the members were informed and felt a part of the group. This was especially true of the members on the Western slope and those in the Southern part of the state. She served as First Vice President twice 1982–83 and 1994. She was Chairman of the Collection Committee and revamped the collection process. In all she served on the board for 19 years.

Opal served on the Symposium Committee; everyone of them. She made many raffle quilts for the CQC. During 1991–93 she chaired the Mini Quilt Auction, which has been reinstated this year. Along with all of this, she was a true volunteer, helping out on nearly every committee over the years. Her skills at designing, piecing, appliquing and hand quilting were inspirational to those just starting out on the quilting path.

She was always eager to teach others what she knew. She made beautiful quilts, some traditional. She really enjoyed creating art quilts, using unusual patterns and colors. Her appliqué pieces were exceptional. She was a joy to be around and made people feel special.

She lived 96 years and lived them to the fullest, cherishing the friends she had, lifting her face to the sun, trusting in God and leaving a legacy of people whose lives she touched.

We will miss her.



Finding Inspiration When You're Stuck

We've all faced it before, the creative "block." One day your head is filled with so many ideas you cannot write them all down, the next you are seemingly empty. And it feels like no amount of time pouring over your project can get you past it. But when you are faced with a deadline or on a time crunch, being able to create is a necessity. So how do you get past those moments? How do you finish the project you're on, even when you don't feel creative?

1. Leave inspiration behind. The painter Chuck Close said, "Inspiration is for amateurs. The rest of us just show up and get to work." One of the greatest perpetrators of creative block is the idea that you must wait until inspiration strikes to create something worthwhile. Learning to leave that idea behind can help you push past moments of uncertainty and trepidation. "I think that's one important lesson for anyone who aspires to do creative work," Mason says. "You can't wait until you're in the mood for it, rather, you have to push projects forward through daily effort."

2. Work daily. A huge part of finishing projects is simply showing up to the task. The other part is working on the task even when you're uninspired. Stephen King has mastered this and works every day of the year—even on his birthday and holidays—until he has written 2,000 words.

Many people do their creative work at the same time every day.

3. Take a walk. Georgia O'Keeffe began her day early in the morning with a solitary walk, while William Faulkner preferred to take a walk after lunch to break up his day. Immanuel Kant would spend his mornings working, then take a walk to visit his friend Joseph Green. Philosopher Friedrich Nietzsche said, "All truly great thoughts are conceived by walking," and perhaps he was right.

A Stanford University study found that walking, even inside on a treadmill, actually boosts creativity both during the walk and shortly thereafter. It can be especially helpful for strengthening divergent thinking—the kind of thinking helpful for brainstorming and drumming up extra inspiration in difficult moments.

4. Be repetitive. The Japanese novelist Haruki Murakami finds repetition to be one of the most important aspects of his creative life. When he's writing, he gets up at 4:00 a.m. and works for five to six hours straight. "I keep to this routine every day without variation," he said in 2004. "The repetition itself becomes the important thing—it's a form of mesmerism. I mesmerize myself to reach a deeper state of mind."

Psychologist William James, speaking from experience, said, "The more details of our daily life we can hand over to the effortless custody of automatism, the more our higher powers of mind will be set free for their own proper work. There is no more miserable human being than one in whom nothing is habitual but indecision." The more repetitive our life, the more we can

Continued on page 17.

Business Directory

ALAMOSA

Alamosa Quilt Company

3211 Main St, Suite H, Alamosa, CO 81101 (located inside the Villa Mall), 719-937-2555. Hrs: Mon–Fri 10:00a–5:00p, Sat 10:00a–3:00p. For all your creative sewing needs. We specialize in modern-style fabrics but strive to carry a well-balanced mix of fabric styles in cotton, flannel and wool. We stock sewing notions of all kinds; Aurifil thread; Sue Spargo books, patterns, threads, wools and velvets; BERNINA supplies; and offer classes daily on a variety of quilts and bags. **Web** alamosaquiltcompany.com

ARVADA

Arvada Quilting Co

Long-arm computerized quilting, stitch regulation with precision control providing a constant stitch. Edge-to-Edge price based by square inches of top and the repeat size of the pattern chosen. Mailing service offered. By appointment. Joanne Holzer, 7485 West 83rd Ave, Arvada, CO 80003, 303-420-1018. arvadaquiltingco@aol.com

BOULDER

Elfriede's Fine Fabrics

2425 Canyon Blvd, Boulder, CO 80304, 303-447-0132. Your source for extraordinary quilting and garment fabrics including Liberty of London cotton lawns, a multitude of Indonesian cotton and rayon batiks, and a large selection of oriental prints. Hrs: M–Sat 10:00a–6:00p. **Web** elfriedesfinefabrics.com

eQuilter.com

5455 Spine Rd, Suite E, Boulder, CO 80301, 303-527-0856 Luana Rubin. 20,000 quilt fabrics and products online and in stock. 1,000 new products per month and weekly e-newsletter. 2% of sales given to charity—over \$1.3M so far! Save on shipping and pick up at Boulder warehouse. **Web** eQuilter.com

BRECKENRIDGE

JK Studio

In the Lincoln West Mall, 100 S Main St (upstairs), Breckenridge, CO 80424, 717-855-0561 “Fiber art and more,” quality, handmade items, including quilted wall hangings, fabric pictures, fabric pins, embellished fleece vests/sweatshirts, paperweights, coasters, and more. Sorry, no supplies. **Email** jkstudio@jkstudiollc.com **Web** jkstudiollc.com

BROOMFIELD

The Quilt Store

12710 Lowell Blvd, Broomfield, CO 80020 303-465-0750. The one-stop store for quilters offering classes, supplies, books, patterns, kits and gift items. Hrs: M–F 10:00a–6:00p, Sat 10:00a–5:00p, Sun 10:00–3:00p **Web** thequiltstore.net

BUENA VISTA

Bev's Stitchery

202 Tabor St, PO Box 1773, Buena Vista, CO 81211, 719-395-8780 Bev Zabloudil. Fabric, notions, needlework, quilting supplies, classes. Hrs: M–F 9:30a–5:00p, Sat 9:30a–3:00p.

Liars' Lodge B&B

Quilting/Knitting Retreats. 30000 CR 371 (on the Arkansas River) 719-395-3444. Let us do the cooking and cleaning while you enjoy your favorite pastime. Put your own group together or join another group. About two hours from SW Denver or CO Springs. **Web** LiarsLodge.com

CANON CITY

First Stitches Quilt Shop & Sewing Store

212 S 4th Street, Canon City, CO 81212 Owner, Kim 719-285-8088 Authorized Janome dealer, sales and service. “In the little brick house across from the Chamber of Commerce” Open M–F 10:00a–5:00p, Sat 10:00a–4:00p. **Web** firststitches.com

CASTLE ROCK

Brickworks LLC

AQS Certified Quilt Appraiser, ASA Candidate/Member, Senior Personal Property Cindy Brick, professional personal property appraiser, 3700 Collins St, Castle Rock, CO 80108, 720-849-7105. Quilt, textile and other appraisals, classes, workshops, lectures, restoration advice (professional restorer). Kits, fabrics and many books. **Email** cindyjbrick@gmail.com **Web** cindybrick.com

Sew-Ciety

1025 S Perry St, Unit 101-B, Castle Rock, CO 80104, 720-733-8102. Authorized Viking dealer, fabrics, specialty threads, embroidery software, classes and notions. Hrs: M–F 10:00a–6:00p, Sat 10:00a–5:00p. **Email** sew-ciety@sew-ciety.com **Web** sew-ciety.com

CENTENNIAL

Holly's Quilt Cabin

8210 S Holly, St, Centennial, CO 80122 720-529-9659, Holly Engelken, Manager Kari Nichols Hrs: M–Sat 9:30a–6:00p, Tue eve till 7:00p, Sun noon–4:00p. **Web** quiltcabin.com/stores.asp

COLORADO SPRINGS

AQS Certified Quilt Appraiser

Bobbie Aug, PO Box 9654, Co Springs, CO 80932-0654, 719-632-3767 Fax 719-632-9210. Appraisals, classes, workshops. **Email** qwtlpro@msn.com **Web** BobbieAug.net

High Country Quilts

4727 N. Academy Blvd, Co Springs, CO 80918, 719-598-1312 Owners Natalie Glaser, Karen Rellafor and Jean Wilt serving you since 1983. Full service shop with supplies, instruction, and service. Bernina and APQS Longarm dealer. Hrs: Mon–Sat 9:30a–6:00p. **Email** hc@hcquilts.com **Web** hcquilts.com

Just a Quilting Geek, LLC

1111 N Arcadia St, Co Springs, CO, 719-338-0424 call for hours. Longarm quilting and design studio, 11 years experience. See my website and Facebook page for details. **Email** Jenae@justaquiltinggeek.com **Web** justaquiltinggeek.com

Ladybug Hill Quilts

929 E Fillmore St, Co Springs, CO 80907 719-593-5949 or 1-866-593-5949 Sydney Risley. Fabric, kits, patterns, books, classes and more. Authorized Janome sales and service. Long arm rental. Fun, fabric and inspiration! A friendly place to let your quilting imagination grow! Hrs: M–F 10:00a–5:30p, Sat 10:00a–3:00p, Sun closed. Secure online shopping at ladybughillquilts.com

Ruth's Stitchery

4440 Austin Bluffs Pkwy, Co Springs, CO 80918, 719-591-1717 or 1-888-591-8803 Catherine Culp and Beth Spillane. Fabric, classes, cross-stitch and machine embroidery. Authorized Viking sales and service. Hrs: M–Sat 9:00a–6:00p, Sun noon–5:00p. **Email** rstitchery@pcisys.net **web** ruthsstitchery.com

CRAIG

Quilter's Quest

335 E Victory Way, Craig, CO 81625, 970-826-0111, Owner, Brenda Rummel. NW Colorado's highest quality cottons at the most affordable prices and a great variety too! Hrs: Tu–F 10:30a–5:30p, Sat 11:00a–4:00p. Call ahead for summer hours.

DENVER

A Stitching Shop (aka Brazilian Embroidery)

4444 Morrison Rd, Denver, CO 80219 303-727-8500/303-934-0568 Fax. Christine M. Hause, certified, award-winning instructor, beginning to advanced classes, workshops and lectures. Expanded into all types of stitchery... from cross-stitch to embellishments for quilts to silk ribbon/threads to canvas. Call, fax or mail orders available. Hrs: M–Sat 10:00a–5:00p. **Web** StitchingShop.com or ChristineHause.com

DURANGO

Durango Quilt Company

21516 Hwy 160 West, Durango, CO 81303 970-247-2582 Fax 970-375-0259. Judy Danielson and Margien Gram, Owners. Fabric, fabulous flannels and batiks, books, kits, classes and notions. Hrs: Mon–Sat 9:30a–5:30p. **Email** durangoquilts@qwestoffice.net **Web** durangoquiltcompany.com

ENGLEWOOD

Wooden Spools

Quilting, knitting and more. 2805 S Broadway, Englewood, CO 80113. 303-761-9231, M–F 10:00a–6:00p, Tu til 9:00p, Sat 10:00a–5:00p,

Sun noon–4:00p. Vicki Skigen. Features new and revived quality cotton and a fantastic selection of yarn. **Web** woodenspools.com

ERIE

A Quilter's Corner

71 Erie Parkway, #104, Erie CO 80516. Hrs: M–Sat 10:00a–6:00p and Sun 11:00a–6:00p. Owner, Marci Schnabel. One of Colorado's newest quilt stores! A “little, big quilt store” we carry many varieties of fabrics in all colors of the rainbow and styles from classic to modern, a LARGE selection blenders and a LARGE selection of flannel. We also carry a variety of quilting accessories, quilting kits, patterns, decorative signs for all seasons, and threads to go with all our fabrics! OVER 5,000 bolts of fabric :) **Web** aquilterscorner.com

Cotton Sandwich Quilt Shop, LLC

170 Cessna Dr, Erie, CO 80516-8112. Hours by appointment. Owner, Ruby J. Earnshaw 303-993-4061, cell 720 890-8523. Part of CQC's Boulder County Quilt Trail, Cotton Sandwich quilt block. Fabric by the bolt, fat quarter bundles, novelty fabric, quilt kits, patterns, including Aunt Martha's iron-on patterns, flour sack towels and notions. **Web store** cottonsandwichquiltshop.com

ESTES PARK

A Picture Perfect Place

Estes Park, CO 970-284-6603 Amy. In business since 2003, ironing board/irons, a quilt design wall for arranging pieces. We offer unhosted weekend retreats for up to 14 in our spacious lodge. In business for 10 years. Large workroom with ironing board/iron, cork wall for arranging pieces, comfy chairs and lights at each table. Separate dining area from work area, full kitchen, fireplace, 5 beds and 3 baths and amazing view of Longs' Peak. **Web** APicturePerfectPlace.com

Cottage Bliss

870 Moraine Ave, Estes Park, CO 80517 970-577-1557. Neo-vintage, bohemian, romantic, lodge and batik fabrics. Original kits, notions, books and patterns. Also gifts and home decor. Hours of inspiration M–Sat 10:00a–5:00p. **Web** cottagelissestes.com

FT. COLLINS

Fiberarts, LLC

6126 Westchase Rd. Ft, Collins, Co. 80528

Fig Leaf

2834 S College Ave, Ft. Collins, CO 80525 970-495-1766. Laura Shotwell. Classes, fabric, notions, country furnishings and accessories. Hrs: M–Sat 10:00a–6:00p, Sun noon–5:00p **Web** thefigleafquilting.com

The Presser Foot

2111 S College Ave., Fort Collins CO 80525 970-484-1094. Bernina sewing machines and accessories. Specialty classes. Onsite service and repair for all sewing machine brands. Best selection of threads in No Colorado. Where sewing begins and quilters are inspired. Hrs: M–Sat 10:00a–5:00p, Thu 10:00a–6:00p, Closed Sun. **Web** thepresserfoot.com **Email** sewbernina@thepresserfoot.com

FT. MORGAN

Inspirations Quilt Shop

423 Main, #300, Ft. Morgan, CO 80701 970-542-0810. Fabric, classes, quilters' needs, gift items. Hrs: M–Sat 10:00a–5:00p **Web** inspirationsquiltshop.com

GOLDEN

Golden Quilt Company

1108 Washington Ave, Golden, CO 80401 303-277-0717 Nancy Swanton, Owner. Specializing in Kaffe Fassett, batiks, black/whites/brights. Quilting supplies, notions, gifts, classes, kits, machine quilting services, finished quilts. Hrs: M–Sat 10:00a–5:30p, Sun noon–4:00p. **Email** info@goldenquiltcompany.com **Web** goldenquiltcompany.com

The Rocky Mountain Quilt Museum (RMQM)

200 Violet Street, Unit 140, Golden, CO 80401 303-277-0377. Hrs: M–Sat 10:00a–4:00p. New exhibits quarterly, both traditional and art quilts. Gift shop carries quilts and quilt-related items, consignments welcome. Membership and volunteer program. **Web** rmqm.org

GRANBY

Fabric Nook

387 E Agate, P.O. Box 694, Granby, CO 80446 970-887-2005 Tina Holley. Fabric, patterns, notions, quilting, supplies, books, classes. Hrs: M–F 10:00a–5:00p, Sat 10:00a–4:00p.

GRAND JUNCTION

Hi Fashion Sewing & Quilt Shop

2584 Patterson Rd, Unit B, Grand Junction, CO 81505, 970-256-1293. Notions, cottons and classes. Hrs: M–F 9:30a–5:30p, Sat 9:30a–2:00p.

HOLYOKE

*Creative Traditions, LLC**

115 S Interoccean Ave, Holyoke, CO 80734 970-854-3699. Julie Haake, Owner. Creative Traditions is located in our piece of heaven we call Holyoke. Stop by and join us in creating new treasures with time-honored traditions. Check out our fabric including quilting cottons, flannels and batiks, patterns, quilting supplies and notions, gifts, classes, kits, finished quilts and quality yarns from Blue Sky Fibers and Spud and Chloe. Hrs: M–F 10:00a–6:00p and Sat 10:00a–3:00p. Find us on Facebook, too!

IDAHO SPRINGS

Dancing Sky Quilting

“Classic designs, modern spirit” 201 Fall River Rd, Idaho Springs, CO 80452. Kathryn Koch-Fellbaum, 303-895-6066 kcfellbaum@gmail.com. Professional hand-guided longarm quilting for 12 years. Quick turnaround, edge to edge and custom quilting. My goal is to enhance your quilt, not overshadow it. Mail orders accepted, willing to arrange convenient drop off and pick up. View my work Like Dancing Sky Quilting on Facebook!

LAFAYETTE

Studio Bernina

2850 Arapahoe Rd, Ste 100, Lafayette, CO 80026, 303-447-0852 Full line of Bernina machines, sergers, embroidery machines, accessories and machine service. Professional sewing school. Hrs: M–Sat 10:00a–6:00p. **Web** studiobernina.com

LAKEWOOD

Infinity Logo Solutions (Melco Bravo Sales)

John Hanson 303-885-2530 Lakewood, CO 80232. **Email** Sales@infinitylogosolutions.com

LITTLETON

A Quilter's Choice – APQS West

435-229-2703, Afterhours or weekends available—call first. Meet our talented quilt artist, Myrna Ficken, who brings 17 years of experience to the area. APQS machine, sales, rental (5 machines available including our sit down machine “George”), machine service, longarm classes, piecing classes, longarm supplies (batting, thread, rulers, etc.), and quilting service. **Web** aquilterschoice.com

Designs by Deb

5624 S Datura St, Littleton, CO 80120 303-794-3626. Award winning—computerized longarm quilting. We offer quick turn around for edge to edge quilting. Affordable pricing. 1000's of patterns to choose from. Unique, one-of-a-kind designs will enhance any quilt. Call Deb Geissler for an appointment. **Email** designsbydeb.co@gmail.com **Web** debrageissler.com

The Creative Needle

6905 S. Broadway #113, Littleton, CO 80122 303-794-7312, Marge Serck. Classes, fabric and supplies for quilting, cross stitch, threads, charts, kits, heirloom fabrics and laces, smocking plates and pleaters. Custom machine quilting. Authorized sales and service for Elna, Janome, Necchi and Juki Sewing Machines. Mail order and secure online orders. Hrs: Mon–Thu 10:00a–6:00p, Fri–Sat 10:00a–5:00p, Sun noon–4:00p. **Web** thecreativeneedle.com **Email** needle@thecreativeneedle.com

LONGMONT

AQS Certified Quilt Appraiser

Jeananne Wright, 1152 E 4th Ave, Longmont, CO 80504, 303-772-7684. "Have Quilts, Will Travel" lectures, programs and appraisals.

Email oldquilts@comcast.net

Quality Sewing

1450 N Main St, Unit B, Longmont, CO 80501 303-651-7752. Authorized dealer for Babylock sewing machines and sergers. Table and longarm quilting machines available. Classes, embroidery designs, software, notions and threads. In-house technician. Service available on all machine makes/models. Hrs: Tu-F 10:00a-5:30p, Sat 10:00a-4:00p, closed Sun-Mon. **Web** Qualitysewinginc.com

The Presser Foot

2430 North Main St, Longmont, CO 80501 303-485-6681. Bernina sewing machines and accessories. Specialty classes. Onsite service and repair for all sewing machine brands. Best selection of threads in No Colorado. Where sewing begins and quilters are inspired. Hrs: M-S 10:00a-5:00p, Thu 10:00a-6:00p, closed Sun. **Email** bernina@thepresserfoot.com **Web** thepresserfoot.com

LYONS

Lyons Quilting

42 East Main St. Lyons, CO 80540. Tracey Barber 303-823-6067 Hrs: M-Sat 9:30a-6:30p, Sun 1:00p-5:00p, **Web** lyonsquilting.com

MONTE VISTA

Shades, Quilts & Etc.

129 Adams St, Monte Vista, CO 81144 719-852-2179 Marilyn Davey. Fabric, classes, books and supplies. Authorized Janome dealer. Hrs: M-F 10:00a-5:00p, Sat 10:00a-3:00p. **Web** shadesquiltsandetc.com

MONTROSE

LadyBugZ Quilt Company

823 E Main St, Montrose, CO 81401 970-249-1600. A variety of quilt fabric, notions, classes and longarm rental. Hrs: Tu-Sat 10:00a-5:00p, closed Sun-M. **Email** info@ladybugzquilt.com **Web** ladybugzquilt.com

MONUMENT

Sew In Tune

252 Front St, Monument, CO 80132 719-203-5642. We offer top notch service and repair on all sewing machines. Drop off at our shop, Nana's in Colorado Springs, or Nuts N Bolts in Woodland Park. Also, come visit for great prices on fabric, notions, and sewing machines. Classes by Certified Eleanor Burns Quilt In a Day Instructor and other expert teachers. Hrs: Mon 10:00a-2:00p, Tue-Fri 10:00a-5:00p, Sat 10:00a-2:00p. Other times by appointment. Follow us on Facebook Sew-In-Tune and Instagram sewintuneservicing. **Web** sewintuneservicing.com

PARKER

Richard Elliott Service

8264 Lakeshore Dr, Parker, CO 80134 303-841-6432. I have been providing onsite service to all brands of longarm machines since 2010. I can upgrade older machines with stitch regulation and robotics. I can travel anywhere in the state of Colorado, mainly from Fort Collins to Pueblo. **Email** rcelliot@q.com

PALMER LAKE

Sew Motion

862 Highway 105, Palmer Lake, CO 80133, 719-481-1565, Sheila Schaffer. We carry a good selection of fabric for traditional or modern quilters, notions, threads, DMC floss, books, patterns, yarns, knitting, and crochet supplies. Visit our consignment shop. Hrs: Mon/Wed/Thu/Sat 9:30a-5:30p, Fri 9:00a-5:00p, Tue/Sun noon to 5:00p. Visit our Facebook page SewMotionFabricNotionsand More for updates. **Email** info@sewmotion.com **Web** sewmotion.com

PUEBLO

Stitcher's Garden

308 S Union Ave, Pueblo, CO 81003, 719-545-3320 Fax 719-545-3307 Sandy Strickland stitchers_garden@yahoo.com, Fabric, notions, threads, books, patterns and classes. Coming soon, YARNS! Hrs: Tue-Fri 10:00a-5:00p, Sat 10:00a-4:00p **Web** stitchersgardenpueblo.com

THORTON

Calico Creek Quilting

Hand-guided longarm quilting, 13 years of experience, quick turn around on edge to edge quilting. Will do custom quilting. Please call for appointment for consultation. Lucille Rypinski 720-988-1080 or 303-457-2006.

Dawna's Design Threads

4061 E 133rd Pl, Thornton, CO 80241, 720-323-4338 **Email** dawnasdesignthreads@gmail.com **Web** dawnasdesignthreads.com

WINDSOR

Quilter's Stash

1180 W Ash St, #100, Windsor, CO 80550, 970-686-5657, Patty Winkelman. Classes, quilting supplies, fabric, books and patterns. Hrs: M-Sat 10:00a-5:00p, Sun 1:00p-4:00p **Web** quilterstash.com

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focus our mind power on developing a creative rhythm that can improve our work and help us push through creative ruts.

5. Find a balance. "I think the trickiest thing with creative work is finding a balance between pushing yourself but not pushing yourself too hard," Mason says. Working too hard or too long can become counterproductive. And yet you definitely have to put in the hours to see any results, and almost all successful creative enterprises have come out of years of apprenticeship and experimentation. So I think it's up to everyone to figure out their own balance between working hard and also stepping away from the work to do things that are restorative and inspiring."

Finding your balance between working hard and letting your creative self recharge can be difficult—especially when you love your work. But it's a necessary part of creating your best work. Learning from the artists who do it successfully is a great way to discover your own needs as an artist.

6. Accept the struggle. One of the best things to help push through periods of creative drought is to recognize that you are not alone. "It's worth keeping in mind that even the most famous or successful figures often struggled mightily with their work," Currey says.

Accepting the struggle as part of the creative process can help you push through to the other side, instead of getting trapped in the struggle itself. Use tools like Photoshop Sketch or Illustrator Draw to constantly be putting ideas on digital paper, and wait for the right idea to pop off the page.

Whether you create for fun or for work, creativity comes with hard work and consistency above all. John Adams said, "I find, basically, that if I do things regularly, I don't have writer's block or come into terrible crises."

Keeping these things in mind and exercising your creativity regularly will help you make your best work, even if you get stuck.

*adobe blog online: Mason Currey researched hundreds of artists in different fields for his book **Daily Rituals: How Artists Work.***



THE ROCKY MOUNTAIN QUILT MUSEUM

CURRENT EXHIBIT

Rooted in Tradition Revisited
and Hollis Chatelain,
"Stories of West Africa"
thru July 21st

UPCOMING EXHIBIT:

Pieced Together: Patchwork
Quilts from Russia
Evolutions Featured Artist:
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Jeananne Wright *Quilts that Settled the West:
1840-1870*

September 9, 2:00p-4:00p

Janet Nesbitt *Crazy Piecing and One Sister
Designs*

UPCOMING CLASSES

August 23, 9:00p-3:30p

Ann Petersen *Ice Sawblades*

August 30, 9:00p-3:30p

Ann Petersen *Prickly Pear Pineapple*

September 10, 10:00p-4:00p

Janet Nesbitt *Crazy Piecing*

October 13, 10:00p-3:00p

Pat Pauly *The Play's the Thing:
Improv Sketches*



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Bank Account Total Monthly Report

Balance June 30, 2018

1st Bank Checking	3,293.61
1st Bank Raffle Account	2,645.73
1st Bank Shirley Sanden Restricted Fund	4,419.88
Total Operation Funds	10,359.22
1st Bank Saving CD (Maturity 3/21/19)	10,593.78
1st Bank Quilt-A-Fair	21,170.70
Total Funds Available	\$ 42,123.70

Colorado Quilting Council, Inc.

Profit and Loss, June 2018

Ordinary Income/Expense

Income

4000 · Interest Income	29.25
4001 · Membership Dues	175.00
4002 · Workshop Revenue	330.00
4003 · Documentation Revenue	297.00
4007 · Booth Rental	
4007-1 · Q-A-F Booth Rental	2,155.00
Total 4007 · Booth Rental	2,155.00
4009 · Raffle Ticket Sales	
4009-1 · CQC raffle	942.00
Total 4009 · Raffle Ticket Sales	942.00
4011 · Guest Fees, Membership	50.00
4019 · Exhibits/Quilt Show/Entry Fees	40.00
4021 · Luncheon's	480.00

Total Income 4,498.25

Gross Profit 4,498.25

Expense

5003 · Bank Charges	2.00
5005 · Books	34.62
5008 · Computer Expenses	359.88
5011 · Newsletter Pay	900.00
5011.1 · Bookkeeper Services	900.00
5011.2 · Web master subcontractor	225.00
5013 · Facilities/Equipment	560.00
5014 · Photo Developing	68.66
5018 · Postage	3.55
5022 · Speaker/Teacher Fees	1,925.00
5023 · Speaker/Teacher Expenses	851.58
5024 · Supplies	242.15

Total Expense 6,072.44

Net Ordinary Income (1,574.19)

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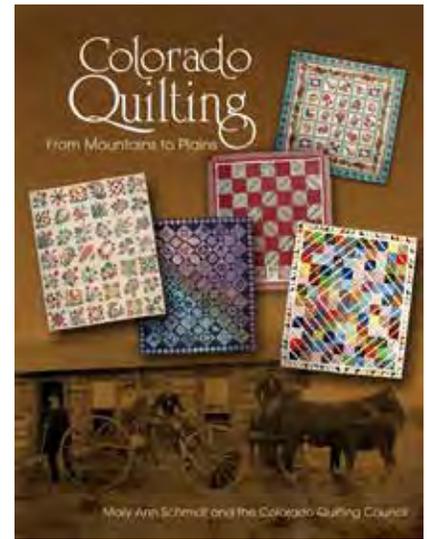
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The **Colorado Quilting** Book is a Treasure!

Check out CQC's **Colorado Quilting: From Mountains to Plains**, a book compiled and edited by CQC member Mary Ann Schmidt presenting quilts documented by CQC. It can be ordered at:

amazon.com

This book is the culmination of more than 125 years of tradition and countless "Documentation Days," during which Colorado Quilting Council members record the block technique, age, batting, backing, and color of each quilt their fellow quilters trust them to preserve. Thirteen chapters explore important historical quilting moments, traditional and modern quilting themes, and the beginnings of the Rocky Mountain Quilt Museum and the *Quilter's Newsletter Magazine*. Different council members researched, photographed, and recorded the most significant events, memories, quilters, and quilts that have influenced the progress of quilting in Colorado. Early Coloradans picked their own cotton, saved every scrap of used fabric, and made quilts from scratch to support their families and for therapy as they recovered from serious injuries and illnesses. Many of these sacred stitches are still works in progress and continue to illustrate what's important to these dedicated craftspeople.



Congratulations to Mary Ann for her years of hard work on this project. Also thank you to the crew who helped her.

This book is an invaluable reference for quilts throughout Colorado's history and CQC's role in preserving our quilting heritage. **Order yours today!**

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April 6 – July 10, 2018

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Meeting Agenda

- 9:00** Registration
- 10:00** 40th Anniversary Celebration
- 10:20** Show & Share from CQC Workshop, Jan/Feb
- 10:30** Speaker
- 12:00** Business
- 12:30** Show & Tell Door Prizes

Guest Fee \$10

Please turn off cell phones and take your conversation to the hall. Thank you!

