Project Warm Hearts

Friendship Star Block

Pattern beginning May 2025

9" finished block (9 ½" unfinished)

Bright Fabric (any bright colors):

Cut 2 - 4" squares Cut 1 - 3 ½" square

White Background Fabric:

Cut 2 - 4" squares Cut 4 - 3 ½" squares



Step 1:

Using the 2 bright and 2 white 4" squares, make 4 half square triangle blocks (HSTs). To make HSTs: Draw a diagonal line on the wrong side of the white squares. Pin a bright and a white square right sides together and stitch ¼" away from each side of the drawn line. Cut on the drawn line and press toward the bright side. Trim to 3 ½". Repeat with the other pair of bright and white squares.

Lay out the pieces to match the picture above.

Step 2:

Center row. Stitch a HST on one side of the bright 3 ½" square. Press toward the bright square. Repeat on the other side, making sure to orient the HSTs according to the picture. (Make 1 row.)



Step 3:

Top and bottom rows. Stitch a white 3 ½" square to a HST, taking care to orient the HST properly. Press toward white square. Repeat on the other side. (Make 2 rows.)



Step 4:

Stitch the 3 rows together, matching the picture above and nesting the seams. Press toward the center and trim to 9 ½", if necessary.

Thank you very much for making blocks for Project Warm Hearts. Stop by our table at the CQC monthly meetings to turn in blocks and quilts, and to pick up tops to be pieced, quilts to be quilted, and quilts ready for binding. Batting, backing fabric, and binding fabric will be provided.

